



# CLASS SCHEDULE

## MONDAY:

7.00pm-7.45pm ..... HIIT ..... Various  
 8.00pm-8.45pm ..... Aqua ..... Various

## TUESDAY:

11.15am-12.00pm ..... Aqua Aerobics ..... Various  
 7.00pm-7.45pm ..... Barre Fitness ..... Carmell  
 8.00pm-10.00pm ..... Adult Swim Lessons ..... Donnacha

## WEDNESDAY:

7.00pm-7.45pm ..... Fitness Pilates ..... Carmell  
 7.00pm-7.45pm ..... Childrens Swim Coaching ..... Donnacha

## THURSDAY:

11.15am-12.00pm ..... Aqua Aerobics ..... Various  
 7.00pm-7.45pm ..... HIIT ..... Various

## FRIDAY:

4.15-6.30pm ..... Childrens Swim Lessons ..... Various

## SATURDAY:

10am-1.00pm ..... Childrens Swim Lessons ..... Various

THE LAKESIDE HOTEL & LEISURE CENTRE  
 BALLINA/KILLALOE, CO. CLARE, V94 E2D6  
 T: +353 61 376122 EXTN:209  
 E: LEISURE@LAKESIDEHOTEL.IE  
 W: WWW.LAKESIDEHOTEL.IE/LEISURE  
 MON-FRI 7AM - 9.45PM  
 SAT/SUN/BANK HOL 8AM - 8.45PM





# PRICES & RATES

MEMBERSHIP TYPE	12 MONTH	6 MONTH	3 MONTH	*EASY PAY OPTION
SINGLE	€495.00	€315.00	€175.00	€48.00
COUPLE	€875.00	€570.00	€300.00	€82.00
FAMILY 2 ADULTS + 2 KIDS	€1040.00	€670.00	€380.00	€90.00
ADDITIONAL CHILDREN	€70.00	€50.00	€40.00	N/A
OVER SIXTY'S				
SINGLE	€350.00	€210.00	€150.00	€35.00
COUPLE	€600.00	€350.00	€280.00	€55.00
STUDENT with ID	€365.00	€260.00	N/A	N/A
OFF 7.00am - 4.30pm PEAK Monday to Friday				
SINGLE	€365.00	€220.00	N/A	€35.00
COUPLE	€625.00	€365.00	N/A	€55.00

Loyalty Scheme: 5% discount on all renewals of annual memberships.

10% discount on all renewal of 3+years annual memberships

Corporate Rates Available | Terms & Conditions Apply

Guest charges: Adult €10, Child €5, OAP/Student €8 | Guest entry is subject to availability

Guest Pass Bundles: Adult Pass Bundles- 10 for €75 or 5 for €40

Children's Pass Bundles- 20 for €75, 10 for €40 or 5 for €20

\*First & Last Payments up front followed by 10 Monthly Payments

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