

#### O'HARAS BAR

Food served daily 12.00-21.00

Last Orders 20.45

Afternoon tea served 12.00-16.00 (Booking essential)

3 tv screens for all your sporting needs
Please dial 405



#### **COIS LOCHA RESTAURANT**

Breakfast 7am-10.30am Monday-Friday & 7.30am -10.30am Saturday-Sunday

Dinner served 18.00-21.00

Last Booking 20.30 daily

Sunday lunch served 12-3pm

Please dial O for reception to make a reservation

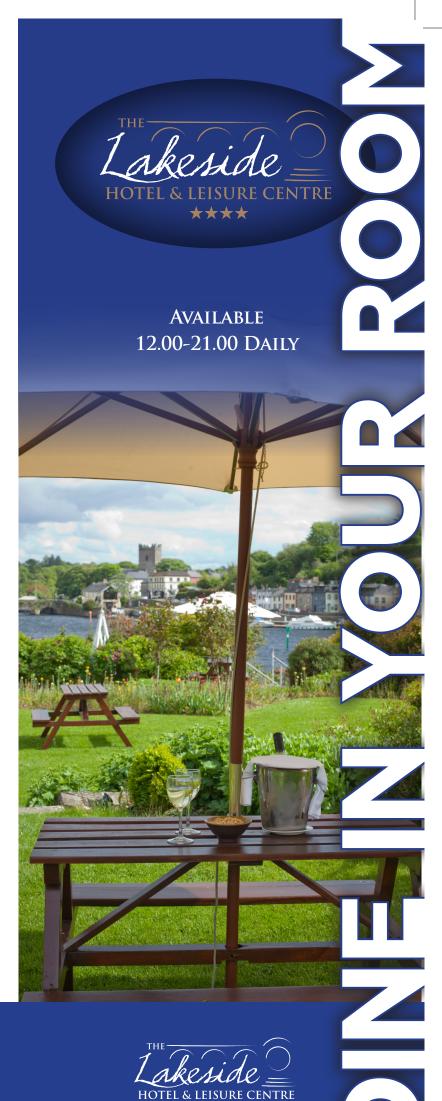




PRIVATE DINING IN THE OAK ROOM OR SHANNON SUITE

Please dial 0 for reception to enquire about our group menus





### **STARTERS**

with sticky barbecue sauce,

corn & tomato coleslaw with crispy onions

Lakeside Seafood and Shellfish Chowder
(1w,2,3,4,7,9, 10,11,12,14 AGF)
with our homemade brown bread

Homemade Soup of the Day (1w,3,7,10,11,12 AGF)

Spicy Buffalo Chicken Wings (1w,6,7,10,12)
cooked in our sweet chilli & barbecue glaze with Cashel blue cheese dip.

Slow Cooked Barbecue Pork Ribs (1w,3,6,12)

€10.00

€6.50

Main Course
€18.50

Warm Smoked Chicken Salad (10,12) €11.50 with sundried tomatoes & crispy bacon, honey & mustard dressed salad leaves

Main Course €18.50

€19.50

€23.50

€19.00

€19.50

€17.50

Goats Cheese, Pear & Walnut Salad (7.8) €12.00 seasonal leaves, pear & candied walnut dressed with house dressing, beetroot glaze & chargrilled goats cheese

Prawn & Chorizo (1w.2,4.7.12) €13.00 sauté prawn & chorizo, smoked paprika, cherry tomato & garlic, served with a toasted garlic ciabatta bread

#### **MAIN COURSES**

10oz 28-day aged Hereford Sirloin Steak (1w,6,7,10,11,12) €33.50 cooked to your liking, served with a choice of cracked peppercorn sauce, garlic butter, or red wine jus and crispy onion rings. With a choice of French fries & salad or potato & vegetables.

**6oz Hereford Steak Sandwich** (1w, 3,6,7,10,11,12 AGF) **€20.50** served on toasted ciabatta bread with sautéed onions and mushrooms, a pepper sauce, french fries and salad garnish

Southern Buttermilk Chicken Burger (1w,3,7,10,12) €19.50 seasoned crispy battered chicken fillet with lettuce, tomato, avocado, sweet chilli mayonnaise in artisan brioche bun with salad and fries.

Lakeside 8oz Beef Burger (1w,3,6,7,10,12) with bacon & smoked applewood cheese on a brioche bun with a choice of tomato relish or peppercorn sauce and fries

Spinach, Chickpea & Potato Curry (1w,6,8,911,12)

add Sautéed Chicken

add Prawns

with garlic & coriander naan bread, basmati rice

€15.50

€20.50

Oven Baked Fillet of Salmon (2,4,7,14) on buttered greens, drizzled with sundried tomato & herb butter

**Beer Battered Fish & Chips** (1w,2,4,7,12,14) made with a local Tipperary craft beer which is Whitefield, mushy peas, tartar sauce & French fries

**Lemon & Garlic Chicken** (7,10,12) pan seared escalope of chicken marinated in lemon & garlic served on a bed of crispy serrano ham & sun-dried tomato, creamed potato & roast vegetables a tarragon cream sauce

Tagliatelle Pasta (1w,3,7,12)€17.50add Chicken€19.50add Prawns€21.50with chorizo, courgette & spinach cream

served with garlic ciabatta

**Vegetarian Tagliatelle Pasta** (1w,3,7,12) with spinach, fresh parmesan shavings served with garlic ciabatta

## **GOURMET SANDWICHES**

AVAILABLE DAILY

All our breads are sourced from "Our Daily Bread" a local artisan bakery and are delivered fresh daily.

€16.00

Toasted Ciabatta Chicken (1w,3,7,11,12)

cheddar cheese, garlic mayonnaise, crispy onion & bacon served with fries

**Toasted Ciabatta Curry Chicken** (1w,3,4,7,11,12)

curry mayonnaise, crispy onion, lettuce & tomato served with fries

Toasted Ciabatta Tuna (1w,3,4,7,11,12)

mayonnaise & cheddar cheese, served with fries

Open Irish Smoked Salmon (1w,3,4,10,12)

oak smoked salmon served on our homemade buttered brown bread with lemon, caper and side salad

#### ARTISAN SOURDOUGH SANDWICHES

We recommend the sourdough to be toasted to appreciate the crispiness. We recommend regular sandwiches to be on ciabatta bread. (1w,3,7,10,11,12)

Regular €8.00 | Toasted €9.00

Choose 3 fillings: ham, chicken, tuna, bacon, cheese, lettuce, tomato, peppers, onion.
all sandwiches with mayonnaise or butter

Extra fillings €1.00

# SIDE ORDERS

€4.50

French Fries (1w,12 AGF)

Onion Rings (1w,7,12)

Rustic Garlic Bread (1w,7,10,12)

Side Salad (10,12)

**Buttered Vegetables** (7)

Creamed Potato (7,12)

Spicy Wedges (1w)

### **DESSERTS**

All of our desserts are made inhouse by our pastry team

€9.00

Cheesecake of the Day (1w,3,7,8) with a fruit coulis & fresh cream

**Apple & Cinnamon Crumble Tart** (1w,3,7,8,12) with crème anglaise & vanilla ice cream

Chefs Pana Cotta (7)

smooth Italian cream dessert infused with vanilla and seasonal fruit, served with a fruit coulis

**Warm Chocolate Brownie** (1w,3,7,8) with vanilla ice cream & chocolate sauce

Trio of Ice Creams (3,7,8)

with caramel and chocolate sauce

Eton Mess (3,7)

fresh seasonal berries in cream and meringue, with fruit coulis and vanilla ice cream

**Tiramisu** (1w,3,6,7,10)

lady finger biscuits soaked in coffee & rum with sweetened mascarpone cheese & cocoa

Banoffee Pie (1w,3,7,8)

fresh bananas and cream on a biscuit base with butterscotch sauce

Room Service Tray Charge €6.00 | Drinks Tray Charge €2.00 | Vegan Menu Available

lw= cereals containing gluten, 2= crustaceans, 3= eggs, 4= fish,

3= eggs, 4= fish, 5= peanuts, 6= soya, 8 =nuts, 9= celery/celeriac, 10= mustard, 11= sesame seeds, 12= sulphur dioxide (sulphites), 13= lugin

14= molluscs

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