

DERG RESTAURANT

BREAKFAST MENU

Full Irish Breakfast

Sausage(1,7,10,12), Bacon, Black Pudding (1,7,10,12), White Pudding (1,7,10,12), Tomato, Hash Brown, Beans, Saute Mushrooms, Egg (Choose Fried, Scrambled (3,7) or Poached Eggs)

Mini Breakfast:

Sausage (1,7,10,12), Bacon, Tomato, Beans, Egg (Choose Fried, Scrambled (3,7) or Poached Eggs)

Vegetarian Breakfast:

Hash Brown, Beans, Tomato, Saute Mushrooms, Egg. (Choose Fried, Scrambled (3,7) or Poached Eggs)

Eggs Benedict:

Muffin, Bacon, Poached Egg, Hollandaise Sauce (1,3,7,12)

Oatmeal Porridge:

with pouring cream & honey (7)

Vegan Breakfast

Sausages (1,10,12) Tomato, Mushroom, Beans, Hash Brown

Gluten Free Breakfast

Sausages (7,10,12) Black Pudding, (7,10,12)White Pudding (7,10,12) Hash Brown, Sauté Mushrooms, Beans, Tomato, Egg (Choose Fried, Scrambled (3,7) or Poached)

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If you would like any of the items below, please approach our service area:

Breads:

Homemade Brown Bread (1,3,7)

Homemade Country Loaf (1,7)

Croissants (1,3,7)

Mini chocolate muffin (1,3,6,7)

Mini blueberry muffin (1,3,7)

Gluten Free Bread (VF) (11) (6)

Cereals:

Corn Flakes (1)

Rice Krispies (1)

Bran Flakes (1)

Weetabix (1)

Fruit N Fibre (1,7)

Special K (1,8)

Granola (1,8)

Gluten Free Cereal Available
(Please ask your server)

Yogurt Selection:

Natural Probiotic Yogurt (7)

Irish Fruit Yoghurt Selection (7)

Dairy Free Yogurt (6)

Meat & Cheese Selection

Sliced Ham

Sliced Salami (7)

Sliced Cheddar Cheese (7)

Juices/ Fruit Selection:

Chilled Orange Juice

Chilled Apple Juice

Chilled Grapefruit Juice

Fresh Fruit Salad

Freshly Sliced Watermelon

Milk:

Soya (6)

Low Fat Milk (7)

Whole Milk (7)

(if you have any dietary requirements please ask your server)

ALLERGENS: 1=cereals containing gluten, 2= crustaceans, 3=eggs, 4= fish, 5= peanuts, 6= soya, 7= milk, 8 =nuts, 9= celery/celeriac, 10 =mustard, 11= sesame seeds, 12= sulphur dioxide (sulphites),13= lupin, 14= molluscs



Fáilte Ireland Klárta na Míreann
Government of Ireland

THE
Lakeside
HOTEL & LEISURE CENTRE
★★★★