

# THE LAKESIDE HOTEL AND LEISURE CENTRE

## Kid Size Me!

With a well deserved emphasis being placed on a better approach to our childrens nutrition, our Head chef, John and his team have designed a healthy menu for children and have kept the "fun" in without the fat!

### Little Nibbles €2.50

- Homemade soup of the day with wholemeal bread
- Chilled melon boat with fruit coulis
- Corn on the cob brushed with butter
- Fruit & Vegetable bites with peanut butter dip
- Chilled fruit juice: choose from apple, orange or cranberry
- Garlic bread with a crunchy crispy salad

### Big Bites €5.95

- Grilled 100% beef burger on a toasted wholemeal bap with homemade wedges
- Wholemeal pasta with a bolognaise sauce
- Fish goujons with salad and homemade wedges
- Baked fillet of salmon with mushy peas and mash
- 1/2 portion of "today's roast"
- Chicken & vegetable stir-fry with basmati rice
- Bangers & mash & beans

### Totally Scrumptious €2.95

- Duo of Ice-cream - select two from following:  
Strawberry, chocolate or vanilla
- Fresh fruit kebab sprinkled with coconut, honey yoghurt dip
- Homemade cheesecake of the day
- Jelly & Ice-cream
- Fresh smoothie of the day

### Milk & Cookies

€1.50

### Full Menu €10.95



*This menu is available in both Bar and Restaurant all day, everyday*