



Summer Camps 2010

Multi-Activity Week

Cost € 179

Age Group 10- 16yrs

This is our longest running and most popular course for young people who want to experience the thrills and spills of adventure sports. The course gives everyone the chance to try out all our land and water based activities in one week. Activities include, canoeing, kayaking, windsurfing, sailing, archery, orienteering, team challenges & high ropes.

Water Week

Cost € 179

Age Group 10 - 16yrs

Concentrating purely on the water activities, sailing, windsurfing, kayaking and canoeing this course gives participants the chance to improve and develop their skills and preferences for the various water sports.

Sailing Week

Cost €199 (Incl. New scheme Log Book) Age Group 10 - 18yrs

Everybody joining us on a sailing week at ULAC has the opportunity to become a competent sailor. From the beginner right through to the upper most levels using our fleet of Feva's and Visions we can cater for all.

Junior Camp

Cost € 159

Age Group 6 - 9yrs

The aim of Junior Camp is to introduce the younger children to outdoor adventure sports. It gives the children the opportunity to gain water confidence, learn new skills, and appreciate nature while making new friends at a very important development stage in their lives.

PLEASE BE ADVISED!

Due to overwhelming demand, camps listed below will run each week for a total of 9 weeks from June 28th to August 27th. Be sure to book your places early to avoid disappointment. Camps run from 10am to 4pm each day including Bank Holiday Mondays

Dates:

Week 1	June 28 - July 2	Week2	July 5 - 9	Week3	July 12 - 16
Week4	July 19 - 23	Week5	July 26 - 30	Week6	Aug 2 - 6
Week7	Aug 9 - 13	Week 8	Aug 16 - 20	Week 9	Aug 23 - 27

All 4 camps run each week

Sailing
Archery
Canoeing
Orienteering



Kayaking
High Ropes
Dragon Boating
Windsurfing

To Book Contact:

University of Limerick Activity Centre, Two-Mile Gate, Killaloe, Co. Clare, Ireland.

E-mail: info@ulac.ie

Website: www.ulac.ie

Phone: 061 376622.